

Dietary Restrictions

BREAKFAST en route

The restaurant is not known at this time. The location will be decided based on where we are when it's close to breakfast time. To ensure that you have something to eat, please include something with your snacks that is a little more substantial if breakfast is a concern.

MARGARITAVILLE

Vegetarians

- Chicken on the side for the Caesar salad and they can request on site
- Veggie burger
- Cheese Quesadilla

Gluten Free

- A gluten free bun to go with the burger or chicken sandwich

Lactose Intolerant

- Veggie burgers- no cheese – No bun
- Grilled Chicken Breast -no bun

Nut Allergy

- The desserts do have nuts in them, a fruit plate is available upon request, for dessert, (apples, oranges, strawberries and pineapple)
- The entrée items are all good for them. They do not contain any peanuts or made with peanut oil.

PIZZA DINNER (at Resort)

I have inquired about other options for the pizza dinner at the Resort on Thursday night but I have not gotten a response yet. Your dietary restrictions have been provided to the Resort.

DISNEY (information provided by Disney)

Please be sure to read the information below so that you know how Disney accommodates anyone with dietary restrictions. Because of the way the meals are done at Disney it is up to the individual to be sure they understand how to ensure their meals meet their dietary restrictions.

All of our Quick Service locations have Designated Trained Cast Members that are happy to discuss and attempt to accommodate all dietary requests once you arrive in the location in which you plan to dine. In order to ensure the safety of our Guests, at each Quick Service location there are specific people who have been trained to take and fill special dietary orders. Each of these Cast Members has taken extensive training to better understand and handle special dietary needs. Because of menu changes, availability of special dietary products, and possible cross-contamination of which the cashiers and front of line Cast Members might not be aware; each location has specific people on hand to give the safest

service possible. The larger Quick Service locations tend to have more items on hand and a Designated Trained Cast Member is generally more readily available.

We encourage our Guests with special dietary needs to not get in the line to order food at quick service locations until they have spoken with the Cast Member who has been specially trained in the special dietary process. The easiest way to facilitate this process is to find any Cast Member that can walk around, so preferably not a cashier, and alert them of your dietary request. We also recommend dining earlier or later than the normal lunch hours in order to avoid the longest wait time.

The quick-service locations listed below have menu items or products that, upon request, may accommodate common food allergy or intolerance requirements.

Disney's Hollywood Studios:

- Backlot Express
- ABC Commissary

Epcot:

- Liberty Inn
- Sunshine Seasons
- Electric Umbrella

Magic Kingdom Park:

- Be Our Guest (Lunch Only)
- Cosmic Ray's Starlight Café
- Pecos Bill Tall Tale Inn & Café
- Columbia Harbour House
- The Pinocchio Village Haus
- Casey's Corner

We encourage you to alert a Cast Member of your special dietary need when you arrive at the location.

All of the restaurants at the Walt Disney World Resort offer at least one vegetarian option and most can be modified to be vegan. Please speak to your server upon arrival at each location. They will be happy to assist with your selection and provide product labels and ingredients for menu items.

Please be aware, Kosher for Passover food items will be available during the holiday with no advance notice at the Theme Park Quick Service locations listed below.

Disney's Hollywood Studios:

- ABC Commissary

Epcot:

- Liberty Inn
- Electric Umbrella

Magic Kingdom Park:

- Cosmic Ray's Starlight Cafe

Most Walt Disney Parks and Resorts table service restaurants that accept reservations can accommodate Kosher meals, including Kosher for Passover, if requested at least 48 hours in advance. However, please be aware that the Table Service locations have requested at least one week advance notice for the Passover meals due to the high volume of requests. For pricing, ordering and any other questions about the Kosher meals offered, please call Walt Disney World Dining at 407-WDW-DINE.

Kosher menus vary from restaurant to restaurant and are subject to availability.

We have included a link which lists some of the products that you may find available at the food and beverage locations that may suit your needs. Please copy and paste the entire URL into your browser window:

Tree Nut and Peanut Allergy-Friendly Product Offerings:

<http://wdw.wdpromedia.com/media/kana/sd/WDW-TreenutFriendly-PeanutFriendly.pdf>

Egg Allergy-Friendly Product Offerings:

<http://wdw.wdpromedia.com/media/kana/sd/WDW-EggFriendly.pdf>

Gluten Allergy-Friendly Product Offerings:

<http://wdw.wdpromedia.com/media/kana/sd/WDW-GlutenFriendly.pdf>

Kosher Products:

<http://wdw.wdpromedia.com/media/kana/sd/WDW-Kosher.pdf>

Please know that this is not a comprehensive list of all the options that are available, but represents many of the special dietary products offered across the Walt Disney World Resort. This means that some items, such as hamburgers or other similar entree items that are considered "regular menu offerings" are not listed on the reference guides despite still being appropriate accommodations for Guests with special dietary needs. If a location is not listed, this does not mean they are not able to accommodate your request; however, some of the products that are found at other locations may not be available. As always, we encourage you to speak with a chef or manager when you arrive at any dining location for the most recent information.

Lactaid Milk is a special order item. Please note that Lactaid Milk is considered appropriate for a Lactose Intolerance, however it cannot be recommended for a Dairy Allergy as it does contain casein.